

PARKWOOD

MENU



Parkwood is pleased to offer a variety of gluten-free options on our menu. **We are not a gluten-free or nut-free restaurant** and cannot ensure that cross-contamination will never occur. We have processes in place to minimize this, but with pizza production, there is unavoidably gluten in the air and on our work surfaces.

PARTIES OF 6+ ARE SUBJECT TO 18% AUTOMATIC GRATUITY

SHARE PLATES + SALADS

NOTE: DEEP FRYER IS SHARED WITH FOODS THAT CONTAIN GLUTEN

SOUP 10

ask your server for details

ADD HOUSE FOCACCIA....2

SWEET POTATO CHIPS 8.5

hand-cut, served with house chipotle mayo

LATTICE-CUT POTATO CHIPS 8.5

cool-ranch seasoned, served with house jalapeño ranch

POLENTA FRIES 9

crispy fried polenta, tossed in herbs & grana padano,

served with house marinara

ROASTED CARROT HUMMUS 13

topped with pecan crumble & sweet tamari drizzle, served with

Rising Sun Bakery naan & crudités

GARLIC & PARMESAN FOCACCIA 10

served with house marinara

MAPLE BOURBON BRUSSELS SPROUTS 18

fried Brussels sprouts, bacon crumb,

toasted pecans, crunchy apple slices,

rehydrated golden raisins, served over yogurt

PARKWOOD HANDHELDS + MAINS

Handhelds include a side of sweet potato chips, lattice chips or house salad

UPGRADE: KALE CAESAR 3 | GRILLED VEGETABLE SALAD 3 | SOUP 3 | GF BUN 3

PARKWOOD SMASH BURGER 22

4oz AAA Canadian prime smash beef patty,
toasted brioche bun, cheddar, iceberg lettuce, tomato
pickles, house dijonnaise served with choice of side

ADD BACON....3 | EXTRA PATTY....5 | OKLAHOMA STYLE....2

BACON MUSHROOM SWISS SMASH BURGER 24

4oz AAA Canadian prime smash beef patty,
toasted brioche bun, Swiss, bacon, mushrooms, arugula,
house rosemary & black pepper aioli served with choice of side

EXTRA PATTY....5 | OKLAHOMA STYLE....2

BUTTERMILK FRIED CHICKEN SANDWICH 22

seasoned, fried chicken thighs, toasted brioche bun,
pickles, Old Bay coleslaw, house buttermilk ranch

served with choice of side

BUFFALO FRIED CHICKEN SANDWICH 24

seasoned, fried chicken thighs tossed in house buffalo sauce,
toasted brioche bun, iceberg lettuce, pickles,

served with choice of side

PARKWOOD HOUSE SALAD

mixed greens, apple, fennel, goat cheese,
roasted pecans, dehydrated cranberries,
honey dijon vinaigrette

SM 10 / LG 13

ADD CHICKEN....SM 4 / LG 8

KALE CAESAR SALAD

massaged kale, house Caesar dressing,
bacon crumb, parmesan, hickory sticks

SM 12 / LG 15

ADD CHICKEN....SM 4 / LG 8

GRILLED VEGETABLE SALAD

red pepper, zucchini, halloumi, mixed greens,
balsamic shallot vinaigrette

SM 12 / LG 15

ADD CHICKEN....SM 4 / LG 8

VEGGIE BURGER 22

4oz mushroom, pecan & brown rice patty,
toasted brioche bun, arugula, tomato,
house garlic aioli served with choice of side

DELUXE SOUTHWEST MAC & CHEESE 24

cavatappi, cheddar, Monterey Jack, red onion,
roasted red pepper, black beans, grilled corn,
chipotle pepper, garlic, seasoned breadcrumbs

PARKWOOD SPAGHETTI & MEATBALLS 22

made-in-house beef & pork meatballs,
marinara sauce, parmesan

ADD HOUSE FOCACCIA....2

 VEGAN

 GLUTEN FREE

 VEGETARIAN

PLEASE ADD APPLICABLE TAXES
PARTIES OF 6+ ARE SUBJECT TO 18% AUTOMATIC GRATUITY

PARKWOOD HAND-CRAFTED PIZZAS (12")

NO SUBSTITUTIONS/CUSTOM BUILDS/EXTRAS

FEATURE PIZZA OF THE WEEK

ask your server for details

PEPPERONI 22

house-made tomato sauce, pepperoni, mozzarella, hot honey drizzle

MARGHERITA 20

house-made tomato sauce, fior di latte, fresh basil

HAWAIIAN 22

house-made tomato sauce, grilled ham, mozzarella, tajin seasoned sliced pineapple

PARKWOOD CHICKEN PESTO 26/22 WITHOUT CHICKEN

house-made arugula sunflower seed pesto, goat cheese, seasoned chicken thighs, mozzarella, grilled zucchini, roasted red peppers, diced tomato

VEGAN PARKWOOD PESTO 22

house-made arugula sunflower seed pesto, grilled zucchini, roasted red peppers, diced tomato, king oyster mushrooms

DIAVOLA 24

house-made Calabrian pepper & tomato sauce, pickled jalapeños, hot salami, mozzarella, mango & roasted habanero drizzle

WAY NORTH OF BROOKLYN KALE & BACON 22

garlic oil base, kale, bacon, shaved parmesan, mozzarella

ARUGULA & PROSCIUTTO 26

house-made tomato sauce, mozzarella, prosciutto, arugula, grana padano

AZTEC BBQ CHICKEN 24

house-made BBQ sauce, seasoned chicken thighs, mozzarella, green onions

PIZZA DIP FLIGHT 7

choose 3 of our made-in-house dips;

House garlic | Rosemary & black pepper aioli | Chipotle
Buttermilk ranch | Jalapeño ranch | Buffalo sauce
Mango habanero | Marinara | Hot honey
or 2.50 each

KIDS

CHEESE BURGER 11 / COMBO 13

4oz AAA Canadian prime beef patty, aged cheddar, toasted brioche bun

GRILLED CHEESE 9 / COMBO 12

sourdough, aged cheddar

DESSERTS

PEANUT BUTTER CHEESECAKE 12

with fudge brownie pieces & topped with almonds

CHOCOLATE FUDGE CAKE 11

4 layer chocolate cake covered in fudge icing served with macerated berries

DONUTS 10

cinnamon sugar tossed, served with caramel & chocolate sauce

CHEESE PIZZA (12") 16

house-made tomato sauce, mozzarella

PLAIN MAC & CHEESE 12

cavatappi, cheddar, Monterey jack

DRINKS

POP 3.50

JUICE 5

PERRIER 5

SHIRLEY TEMPLE 5

MILK SM 3 / LG 4

CHOCOLATE MILK SM 4 / LG 5

TEA & COFFEE 4

PLEASE ADD APPLICABLE TAXES
PARTIES OF 6+ ARE SUBJECT TO 18% AUTOMATIC GRATUITY

From Farm to Fork: Your Plate, a Celebration of Local Flavour!
We're passionate about supporting the heart and soul of our community:
the incredible farms, producers, bakers, and artisans
who bring the freshest ingredients to your table.
Check out some of our amazing local partners who make it all possible!



**SUPPORT
LOCAL**



**Rising Sun
Bakery**



Let's Talk Events!

We're here to help you plan your perfect gathering of up to 80 people.
Enjoy delicious catering, craft cocktails, a beautiful space, and more!
Contact us today.

✉ heartwoodpark@gmail.com

☎ (226) 664-0340

📷 [parkwoodbyheartwood](https://www.instagram.com/parkwoodbyheartwood)

🌐 parkwoodbyheartwood.ca

PARKWOOD



DRINK MENU

PARKWOOD COCKTAILS

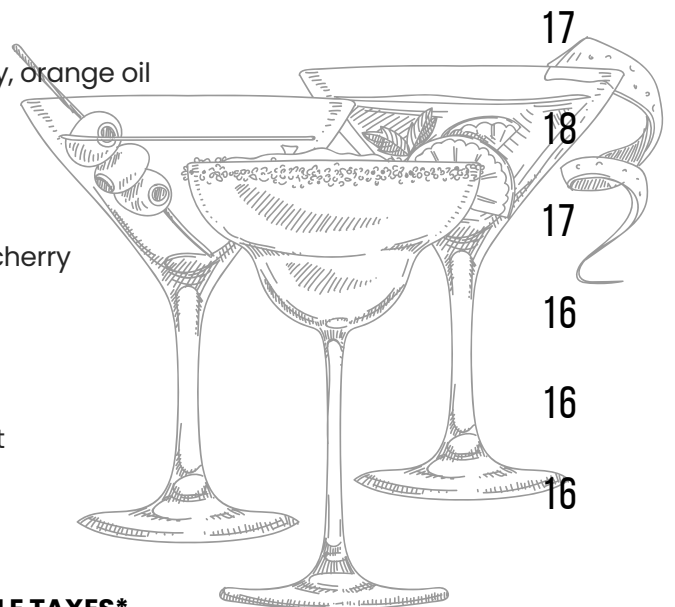
- VANILLA BEAN ESPRESSO MARTINI** 2oz 18
vodka, Kahlua, Heartwood Home espresso, vanilla bean syrup, aquafaba, sea salt chocolate bitters
- HOT HONEY! MARGARITA** 2oz 17
tequila, Cointreau, tajin rim, HOT honey syrup, habanero bitters, lime
- DON'T BE CHAI SPRITZ** 2oz 16
Amaro Montenegro, chai syrup, prosecco, soda
- VERYY BERRY GIMLET** 2oz 15
gin, rich berry syrup, lime, berry dust
- THE EMPRESS G&T** 1.5oz 13
Empress gin, tonic, grapefruit bitters
- CAMPSIDE CHIPOTLE CAESAR** 1.5oz 16
vodka, tajin rim, chipotle adobo purée, Worcestershire, horseradish, dill pickle juice, salt & pepper

SOURS (Can be made vegan)

- NEW YORK SOUR** 2oz 17
whisky or bourbon, lemon, cane sugar syrup, egg white, merlot float
- THE SOUR EMPRESS** 2oz 16
Empress gin, lemon, cane sugar syrup, egg white
- SOTO SOUR** 2oz 17
white rum, blue Curaçao, Cointreau, lemon, egg white, merlot float
- BOSTON SOUR** 2oz 15
whisky or bourbon, lemon, cane sugar syrup, egg white, Angostura bitters
- APEROL GIN SOUR** 2oz 17
Aperol, gin, lemon, fermented citrus syrup, orange bitters, egg white

CLASSICS

- OLD FASHIONED** 2oz 17
bourbon or whisky, cane sugar, Angostura bitters, amarena cherry, orange oil
- NEGRONI** 3oz 18
gin, Campari, sweet vermouth, orange oil
- MANHATTAN** 2oz 17
bourbon or whisky, sweet vermouth, Angostura bitters, amarena cherry
- APEROL SPRITZ** 2oz 16
aperol, prosecco, soda, orange oil
- CLOVER CLUB** 2oz 16
gin, dry vermouth, raspberry & strawberry syrup, lemon, berry dust
- DAIQUIRI** 2oz 16
rum, cane sugar syrup, lime



PLEASE ADD APPLICABLE TAXES

WINE

WHITE

CAVE SPRING CHARDONNAY DOLOMITE

VQA

Extra dry, medium-bodied, balanced acidity with soft vanilla and spice on the finish.

5oz 12 | 8oz 16 | bottle 40

LA DELIZIA PINOT GRIGIO

FRIULI-VENEZIA GIULIA, ITALY

Medium-bodied and dry with upfront fruit flavors. Nicely balanced with moderate intensity.

5oz 11.5 | 8oz 14.5 | bottle 36

COFFIN RIDGE RESURRECTION ROSÉ

ANNAN, ONTARIO

Off-dry with flavours of blood orange, clementine, strawberries & freshly crushed cranberries.

5oz 13 | 8oz 17 | bottle 46

RED

SANT'ANDREA PRIMITIVO CANTINE PARADISO

PUGLIA, ITALY

Dry, full-bodied, with notes of ripe dark fruit, hints of spices, and some floral notes. Pairs well with pizza!

5oz 14.5 | 8oz 18.5 | bottle 49

CEDAR ROCK VINEYARDS CABERNET SAUVIGNON

CALIFORNIA

Medium-bodied, the palate shows layers of soft red fruit, warm baking spice, and toasty oak.

5oz 14 | 8oz 18 | bottle 48

R8 WINE CO CABERNET SAUVIGNON

CALIFORNIA

Full-bodied, notes of ripe red fruit and spice, polished yet vibrant tannins.

bottle 52

BEER CANS 9

BLACK BELLOWS

White Witbier with Elderflower...5%

Big Buck IPA...6.5%

El 9 Wye Helles Lager...4.8%

Light Lager (small can)...4% 8

SIDE LAUNCH

Passionate Sour...4.3%

Wheat...5.3%

MACLEANS

Blonde Ale...4.8%

Cream Ale...4.2%

Cherry Porter...5.6%

STEAMWHISTLE PILSNER...5%

BEAU'S LUG-TREAD LAGERED ALE...5.2%

CREEMORE LAGER...5%

GUINNESS DRAUGHT STOUT...4% 10

WATERLOO GRAPEFRUIT RADLER...2.5%

DRAUGHT 10

THREE SHEETS ROAD CLOSURE RED ALE...5.5%

THREE SHEETS PUERTO ELGUINO CERVEZA...4.2%

CIDER 10

COFFIN RIDGE

Forbidden Dry...6.5%

Forbidden Pink (Raspberry)...5.5%

NON-ALCOHOLIC

SOBER CARPENTER 8

West Coast IPA

Blonde Ale

Red Irish Ale

White Wheat Beer

CORONA SUNBREW 7

ATYPIQUE COCKTAILS 7

Amaretto Sour

Mojito

Gin & Tonic

Spritz

PLEASE ADD APPLICABLE TAXES



PARKWOOD

LUNCH SPECIALS

NO CUSTOM BUILDS/EXTRAS

SELECTION OF PANUZZOS

Italian-Style Pizza Sandwiches

made with hand-crafted, multi-day slow-fermented dough, packed with fresh ingredients, made-in-house sauces, premium meats & cheeses

1. Meatball alla Vodka 18

made-in-house meatballs, tomato sauce, spiced vodka cream sauce, mozzarella, Swiss, grilled jalapeños, arugula

2. Chicken Caesar 17

buttermilk-coated chicken thighs, Caesar dressing, bacon crumb, kale, hickory sticks, parmesan

3. Terracina 16

prosciutto, fior di latte, pesto, tomatoes, roasted red peppers, arugula

VEGETARIAN OPTION AVAILABLE

PLEASE ADD APPLICABLE TAXES

PARTIES OF 6+ ARE SUBJECT TO 18% AUTOMATIC GRATUITY

PARKWOOD BRUNCH

SUNDAY MENU

SOUP WITH FOCACCIA 10

ask your server for details

ROASTED CARROT HUMMUS 13

topped with pecan crumble & sweet tamari drizzle, served with Rising Sun Bakery naan & crudités

BRUNCH PIZZA 23

garlic oil, mozzarella, arugula, ham, bacon, egg, potato, grana padano

HOT HONEY CHICKEN & WAFFLES 21

double-stacked waffles, seasoned & double-coated fried chicken thighs, hot honey drizzle, side whipped butter & maple syrup

WAFFLES & FRUIT 14

double-stacked waffles, macerated fruit, whipped cream side maple syrup & whipped cinnamon butter

PARKWOOD BREAKFAST PLATE 14

2 eggs, smashed potatoes, sourdough toast, choice of bacon or Italian sausage

SMASHED BUFFALO CHICKEN POUTINE 18

buffalo tossed **crispy** or **grilled** chicken, smashed baby potatoes, gravy, squeaky cheese curds, house ranch, chives

PARKWOOD SMASHED POUTINE 14

smashed baby potatoes, gravy, squeaky cheese curds

DONUTS 10

cinnamon sugar tossed, served with caramel & chocolate sauce

HANDHELDS

BREAKFAST PARKWOOD BURGER 18

4oz AAA Canadian prime beef patty, garlicky brioche bun, cheddar, bacon, sunnyside egg, shredded lettuce, tomato
EXTRA PATTY....5 | OKLAHOMA STYLE....2

DELUXE BREAKFAST PARKWOOD BURGER 20

4oz AAA Canadian prime beef patty, garlicky brioche bun, cheddar, bacon, peameal, sunnyside egg, dijonaise, shredded lettuce, tomato
EXTRA PATTY....5 | OKLAHOMA STYLE....2

CAMPFIRE CLASSIC B.L.T 14

bacon, garlicky toasted sourdough, mayo, shredded lettuce, tomato

VEGGIE BURGER 22

4oz mushroom, pecan & brown rice patty, garlicky toasted brioche bun, lettuce, tomato, house garlic aioli

ACCOMPANIMENTS

Handhelds Include a side of sweet potato chips, house salad, or smashed potatoes

UPGRADE TO

Smashed Poutine 4 | Kale Caesar 3 | Grilled Vegetable salad 3 | Soup 3
GF BUN 3 | ADD EGG 2.50 | ADD BACON 3 | ADD ITALIAN SAUSAGE 3 | SIDE GRAVY 2.75

DRINKS

POP 3.50 | JUICE 5 | PERRIER 5 | SHIRLEY TEMPLE 6
MILK...SM 3 /LG 5 | CHOCOLATE MILK.... SM 4 /LG 6 | TEA & COFFEE 4

**\$10
CAESARS!**

 VEGAN

 GLUTEN FREE

 VEGETARIAN

PLEASE ADD APPLICABLE TAXES
PARTIES OF 6+ ARE SUBJECT TO 18% AUTOMATIC GRATUITY